

## **RSB Training Programme: Professional Development for Technical Staff**

This course will give you the confidence and skills to be more proactive in pursuing your own career development and progression. You will also have the opportunity to develop your interview skills and gain a better understanding of the Royal Society of Biology continuing professional development (CPD) process. This event is in partnership with [The Careers Group](#), University of London.

### **Who is the course aimed at?**

This course is aimed at members on or applying to our Registered Science Technician (RSciTech) and Registered Scientist (RSci) registers.

### **What does the course cover?**

#### **Session 1: Taking control over your career**

- Identify your career priorities and values that will help you to make good decisions about your future options
- Gain greater confidence in your ability to acquire and demonstrate career-enhancing skills and achievements
- Have an understanding of the attitudes and behaviours that will increase your chances of career success.

#### **Session 2: Excelling at interviews**

- Gain an understanding of the structure and purpose of interviews and how to approach them.
- Learn about techniques and strategies for structuring questions for maximum impact.
- Have an understanding of how and what to prepare for your interview
- Gain the confidence to overcome difficulties on the day and make yourself a 'stand out' candidate for interviewers.

#### **Session 3: CPD clinic**

- What is the RSB CPD scheme?
- How to complete and evaluate your CPD activities as part of the registration process
- How to get the most out of the CPD process

Participants will receive a course booklet covering the topics and ideas discussed, and exercises to develop their confidence in using them.

### **Further information**

Course trainer Hilary Moor has ten years of experience in careers coaching and training. Prior to joining The Careers Group, she spent eight years in New York working in executive recruitment. She has advised and trained undergrads, postgrads, PhDs, doctors, vets, researchers, MBAs, academic staff and many others to assess their career priorities, find direction and make decisions. Hilary has developed and delivered training on topics such as negotiation skills, management, career development and assertiveness and brings an empathic, action-oriented approach to her work with both individuals and groups.

## Contact

For more information and to register your interest, please [contact](#) our training officer.

